



Town of Green Mountain Falls

Board of Trustees Meeting Agenda

P.O. Box 524; 10615 Green Mountain Falls Road

Green Mountain Falls, CO 80819

Tuesday, August 17, 2021 at 7:00 p.m.

Zoom Meeting Link and Login Info

<https://us02web.zoom.us/j/82204648331?pwd=NXpnUGF4RDB5UEJsUIRsMDhtZINBZz09>

Zoom meeting ID= 822 0464 8331 Meeting password= 963435 For Dial-in only: 1-346-248-7799

To make a **public comment** please **pre-register** by 4pm on the day of the meeting via email: clerk@gmfco.us

REGULAR MEETING:

TIME*		ITEM	DESIRED OUTCOME
7:00	1.	CALL TO ORDER / ROLL CALL / PLEDGE OF ALLEGIANCE	
7:00	2.	ADDITIONS, DELETIONS, OR CORRECTION TO THE AGENDA	
7:05	3.	PUBLIC HEARING: Acquisition and Installation of a Keith Haring Fitness Court at Pool Park	BOT Action Desired
8:00	4.	PERSONS PRESENT NOT ON THE AGENDA: 3 MINUTES PER SPEAKER	
8:10	5.	ADJOURN	

*Please note: Times are approximate.

**The Town shall provide reasonable accommodation for those with disabilities on a case by case basis. Please send accommodation requests to clerk@gmfco.us by 4pm on the date of the meeting.

BOARD OF TRUSTEES AGENDA MEMO

DATE: 07.30.2021	AGENDA NO 8	SUBJECT: Recommendation to acquire and install a Keith Haring Fitness Court at Pool Park
Presented by: Jesse Stroope, Chair of the PRT Committee, amended by Town Clerk/Treasurer Matt Gordon on 8/19/2021		

Keith Haring Fitness Court Project

Chris Keesee, representing the Kirkpatrick Family Fund, brought to the Towns attention the opportunity to own a fitness court that would also display the work of the artist Keith Haring. The proposed location for the fitness court would be adjacent to the other recreational facilities in Pool Park. See attached documents for details about the court and the proposed location.

The Kirkpatrick Family Fund would make a grant to the Town of Green Mountain Falls to acquire the fitness court for the amount of \$200,000 which would cover the purchase price of the fitness court, installation and a five-year license for the Keith Haring Artwork. The Kirkpatrick Family Fund would be responsible for the selection and cost related to future art and applicable licenses for a subsequent period of twenty years.

The Kirkpatrick Family Fund would require a memo of understanding outlining the town's responsibilities/commitment in the acquisition, installation, and operation of the fitness court. The Town of Green Mountain Falls would agree to provide the following supports for the fitness court:

- a. Year round, daily access to restroom facilities in the park
- b. Wi-Fi internet to access the app and any supplemental training information for the fitness court
- c. A schedule for monitoring the fitness court equipment for maintenance and safety
- d. Provide a plan to the Kirkpatrick Family Fund to manage ongoing upkeep and maintenance of the park plus priorities for future improvements of Pool Park grounds and recreation facilities. This is to include information on the restrooms, and upgrades to the park shown in the attached diagram.
- e. Confirm that the park is ADA compliant
- f. Secure \$20,000 in funding to install the concrete pad required for the fitness court

The Parks, Recreation, and Trails Committee is recommending to the BOT to conditionally approve HGMFF's acquisition and installation of the Fitness Court at Pool Park on the conditions that the Town enter a memorandum of understanding with HGMFF and also address and confirm complete bullet points a through f of this memo.

Amendment: Fitness Court Video,

<https://drive.google.com/file/d/1Mhghb3ffkFvwZwsGS5GjZlKYJGrYP0xo/view>



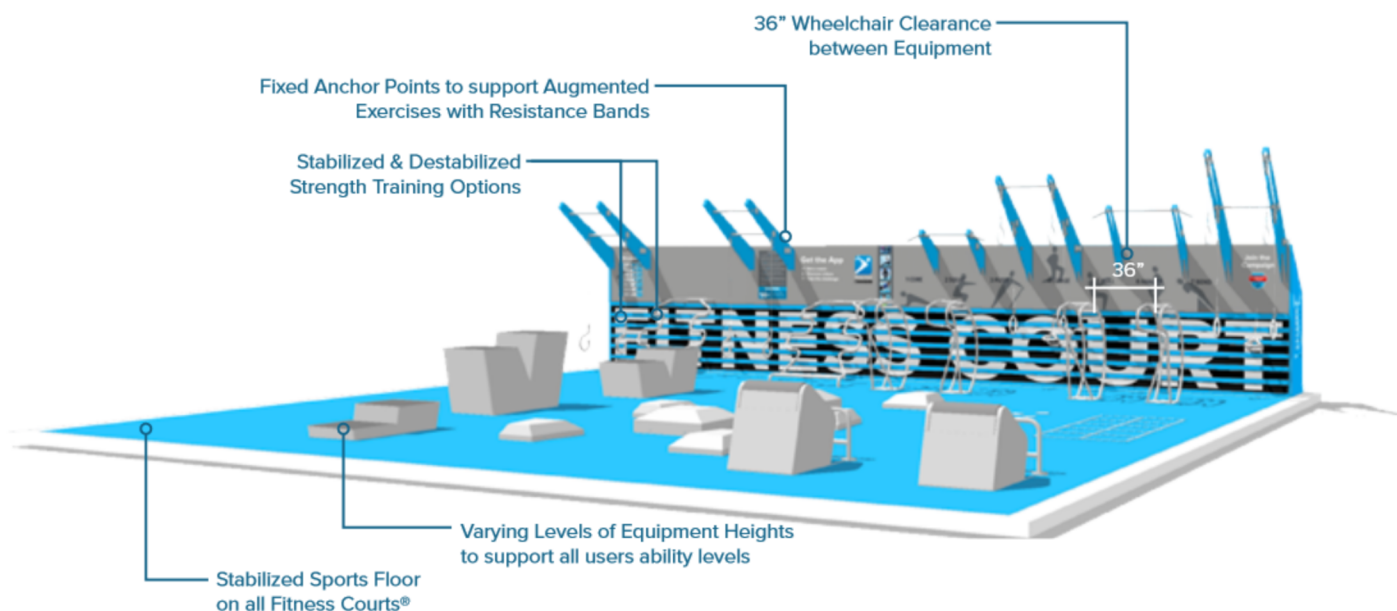
Fitness Court® Accessibility Overview

A Community Platform For All



Design DNA

The Fitness Court® is a comprehensive functional fitness circuit training facility. It includes an endless variety of training methods for adults of all ages and skill levels. The 7 Minute 7 Movement circuit training is designed specifically for the Fitness Court to provide a full body workout for all levels and leverages your body weight so you can improve over time. The Fitness Court® is 38'x38' in size and is roughly half the size of a standard tennis court. The design is the exact same in every location to ensure quality and usability for all.



Sports Floor

Every single Fitness Court® is required to have a continuous fully accessible sports floor that is easy to navigate and allows ease of wheelchairs, walkers, strollers and other assistance devices.

36" Clearance

The Fitness Court® was designed to allow a 30" path throughout the whole system & elements allowing proper wheel chair accessibility though out.

Multi-Station

Each zone on the Fitness Court® is multi-station to allow users to utilize the same equipment & workouts with friends or spotters at the same time. It is important to NFC that the entire community is able to access the Fitness Court® and participate side-by-side.



Fitness Court® Accessibility Overview

A Community Platform For All

Adults of All Ages & Ability Levels

The Fitness Court® is designed for adults of all ages and accommodates a variety of skill levels and abilities at each station, from beginner to expert. Each station allows users to leverage their bodyweight at different angles and levels of resistance as a tool to improve over time. The Fitness Court® is a powerful way to encourage physical activity and promote community wellness.



Progressive Foot Hold Strips Allow User to Leverage Body Weight and Progress Over Time



Fixed Anchor Points Support Augmented Exercises with Resistance Bands



Fit for Adults of All Ages and Ability Levels

Endless Variations & Activation

The Fitness Court supports progressive functional fitness for senior adults. Each of the seven basic movements supports activities of daily living, and each station provides users hundreds of different ways to leverage their own bodyweight for sustained health. This unique outdoor gym is a safe and effective tool for seniors to increase balance, encourage mobility, and reduce risk of injury. When integrated into a regular wellness practice, the Fitness Court supports core health, hip and joint flexibility, upper body strength and lower back stability.



Wheelchair Access at Destabilized Pull Rings



Wheelchair Access at Stabilized Pull Ladder



Wheelchair Access at Destabilized Pull Rings



Fitness Court® Accessibility Overview

A Community Platform For All

Engagement on the Fitness Court

NFC provides various opportunities to increase engagement on the Fitness Court®. Through the Ambassador program cities have the ability to run targeted classes and training for all ages and abilities. Classes ranging from Mobility and Balance series to 60+/Silver Sneakers programs have been held on the Fitness Court®. NFC supplies your community with training and annual routines and allows the local community to hold classes that are geared towards your specific user groups.



Balance Series

Tone the mind and body in a beautiful outdoor setting

Mobility Series

Maintain and restore joint health and range of motion



Challenge Series

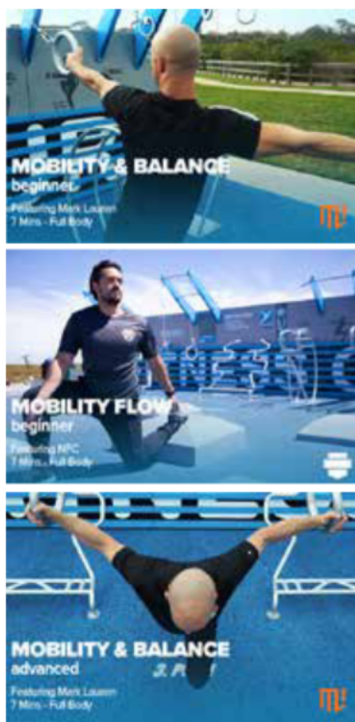
Friendly competition for active adults in 3, 5 or 7 minute intervals

"I'm encouraged, and glad to see the outdoor Fitness Court includes equipment to improve balance, which is key to preventing falls. It's free and open to the public, so no one would have any reason not to take advantage of it."

-Carol Claybaker, Senior Resident of Janesville, WI

The Fitness Court® App

The Fitness Court® App is your digital gateway to the ecosystem and your personal coach in your pocket. Learn the moves at varying levels and understand the 7 Minute-7 Movement rotation. Moves can be adjusted as needed for ability levels. New workouts from world renowned trainers constantly updated to the app showcasing specialized routines like the Mobility & Balance and Mobility Flow.





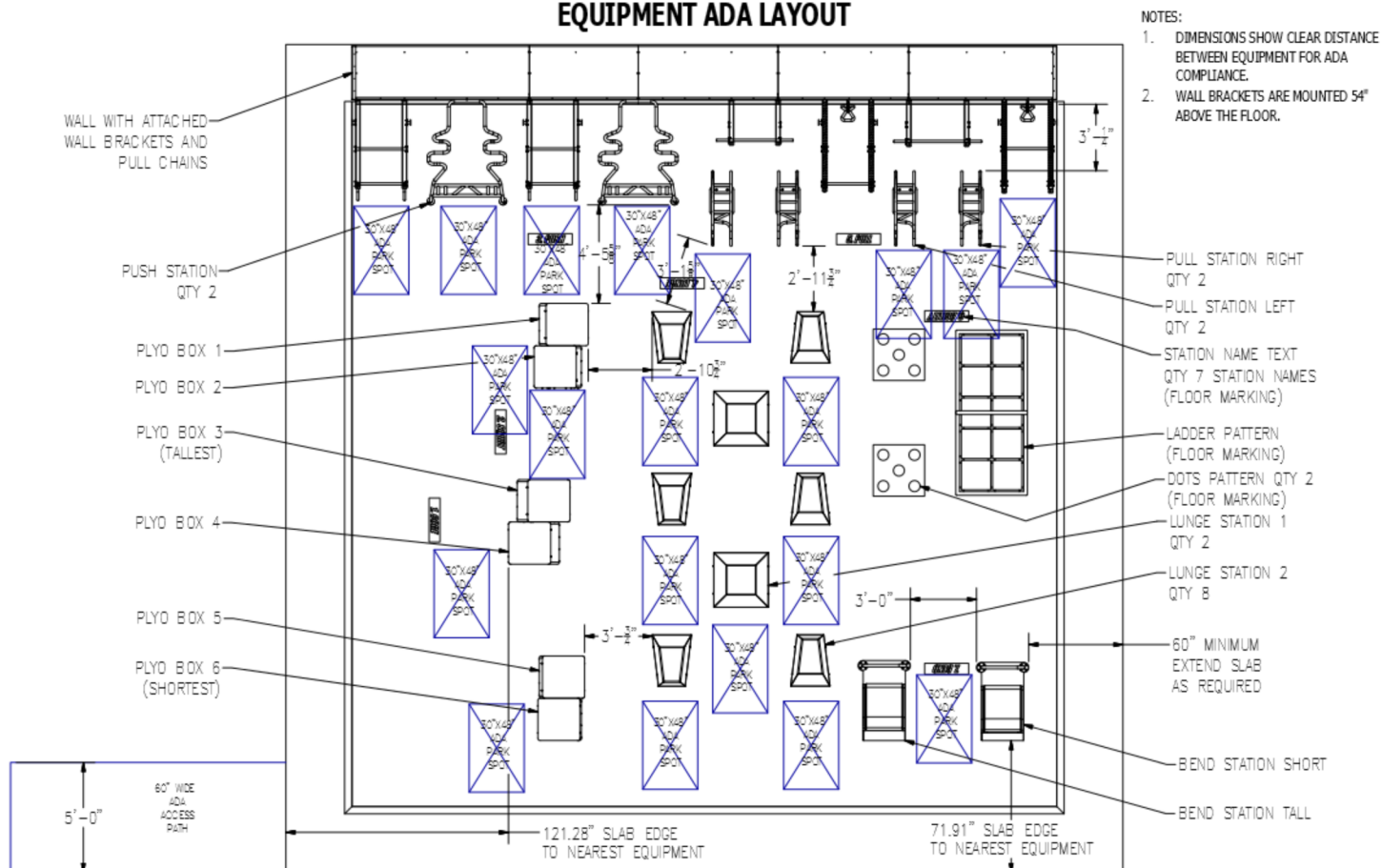
Fitness Court® Accessibility Overview

A Community Platform For All

Fitness Court® Equipment Layout

ADA Fitness Court® equipment layout allowing wheelchair accessibility and clearance for other stability assistance equipment.

EQUIPMENT ADA LAYOUT



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1

Iconic Sites

Visibility plays a key role in bringing power and excitement to the Fitness Court.



2

Accessibility

To support the campaigns' initiative of world class free fitness for all, the Fitness Court should be placed in a publicly accessible area.



3

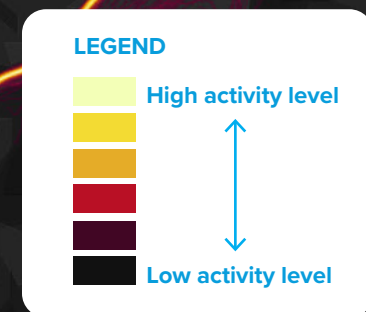
Connectivity

The Fitness Court is designed as a piece of healthy infrastructure that pairs with city parks, trails and pedestrian infrastructure.

NATIONAL FITNESS CAMPAIGN'S

PEDESTRIAN ACTIVITY MAPPING

2021 Aggregated Anonymous Data Set



563

GREEN MOUNTAIN FALLS, CO POPULATION

CONCEPTUAL SITE PLAN - OP 1

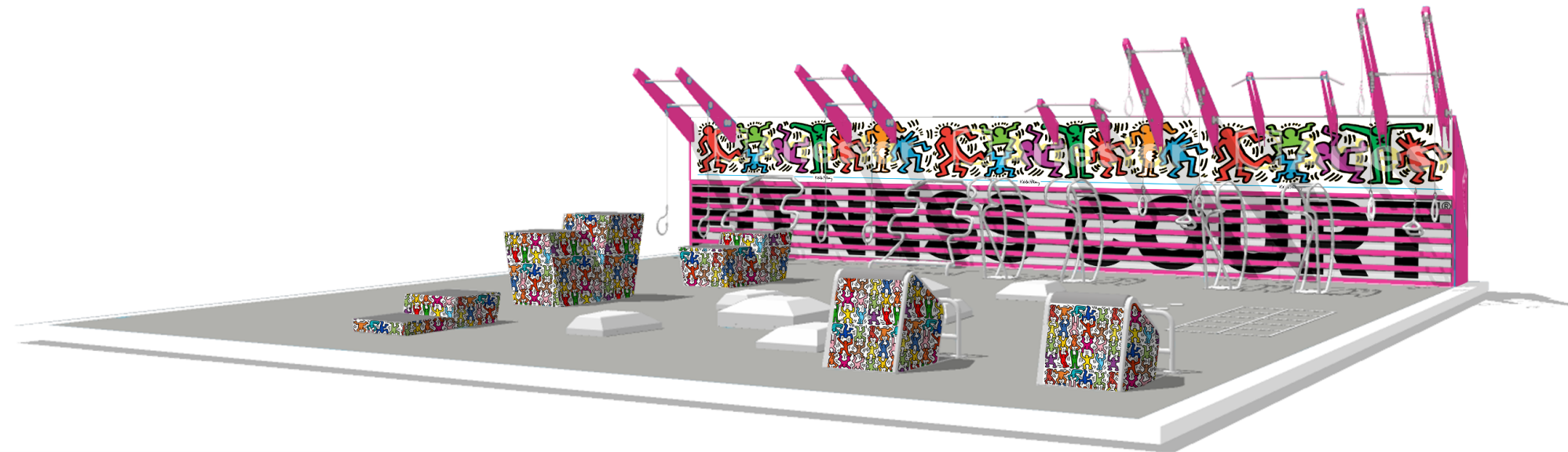
Green Mountain Falls, CO



Green Mountain Falls
Colorado

Keith Haring™





NATIONAL FITNESS CAMPAIGN



NATIONALFITNESSCAMPAIGN.COM
(415) 702-4919 | BRIANNAHM@NFCHQ.COM

NOTICE OF PUBLIC HEARING

PURPOSE: To receive public comment
regarding the acquisition and installation of
a Keith Haring Fitness Court at Pool Park

Date: Tuesday, 8/24/2021

Time: 7:00 pm

Address: Town Hall, 10615 Green Mountain
Falls Rd, Green Mountain Falls, CO 80819

By the Order of: Town of Green Mountain
Falls Board of Trustees

TOWN OF GREEN MOUNTAIN FALLS
PO BOX 524
10615 GREEN MOUNTAIN FALLS ROAD
GREEN MOUNTAIN FALLS, COLORADO 80819